



# Giỗ Tổ 2023

**FÖDERATION VOVINAM – VIỆT VÕ ĐẠO DEUTSCHLAND**

Wangen near Goepingen  
(around 40 km south from Stuttgart)

## Programm 27.05.-29.05.2023

### Samstag, den 27.05.2023

11.30 - 14.30	Arrival and set up
15.30 - 17.30	Training
18.00 - 19.30	Dinner
19.30 - 23.00	games, fun and campfire
From 23.30	Night rest



### Sonntag, den 28.05.2023

07.00 - 08.00	Wake-up Fitness with Coach Matthäus
08.30 - 10.00	Breakfast
10.00 - 12.30	Opening / Ceremony / Training
12.30 - 14.00	Lunch
15.00 – 16.30	<b>Team Competition Wrestling</b>
16.30 - 18.00	Training & preparation demonstration
18.30	Vovinam demonstration
19.30 - 21.00	Dinner
21.00 - 23.00	games, fun and campfire
From 23.30	Night rest



### Montag, den 29.05.2023

07.30 - 08.30	Wake-up Fitness with Coach Matthäus
08.30 - 10.00	Breakfast
10.00 - 11.30	Training
12.30 - 14.00	Lunch
14.00 - 16.00	Dismantling and goodbye



*Note: This is a preliminary program subject to change.*



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### Requirements to the participant

All members/groups of the VVN.-VVD.-World Federation, regardless of belt level (including beginners, of course), can participate in the Gio-To. Children under 18 years of age can participate if accompanied by their parents or a supervisor.



### Costs/registration Giỗ Tổ Fest 2023

VVN.-VVD.-DEUTSCHLAND  
SPARKASSE MINDEN – LÜBBECKE  
IBAN: DE82 4905 0101 0040 1007 11  
SWIFT-BIC: WELADED1MIN

#### **ATTENTION!**

**Only with the punctual transfer of the participation fee the registration can be considered! Late registrations can NOT be considered!!!**

**Online registration at: <https://kampfkunst-vovinam.de>**

Participation fee:

Participants for vovinam stage adults: 99,00€  
Participants for vovinam stage children from 7 until 12: 89,00€  
Participants without vovinam stage adults/children: 75,00€  
Children aged 6 and below are free of charge.

Included in the fee, course costs, buffet 2 x breakfast, 2 x lunch,  
2 x dinners, organization costs included and Drinks will be sold at the course!

**Registration deadline is Friday, May 12, 2023**

### Outward and return journey

The return journey will be made in private cars and will be organized in the groups / schools of the respective training locations.

At the latest by May 12, 2023, each participant must arrange the registration with his trainer / master and registered via the online portal and paid the participation fee, with Indication of the name (the name of the participant) and the club / school (training location).

### Please bring

VVN. vo phuc (suit), tents (arrange in the group), sports clothes, clothes (for bad weather), sneakers, sleeping bag, air mattress, camping mat, washing and showering stuff, SUN CREAM, musical instruments (if available), possibly ball games, flashlight and some pocket money for drinks.



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### Location

#### Turnverein Wangen e.V., Frühlingsstr. 51, 73117 Wangen bei Göppingen

At the grass field below the Forstberg sports hall in Schorndorfer Straße 42, 73117 Wangen at Goepingen. In the community hall the common meal and opposite at the lawn the common Vovinam training takes place. In case of bad weather, the joint training will take place across the street in the Forstberg sports hall.

More info about the venue at: [www.tv-wangen.de](http://www.tv-wangen.de)

Visitors and older participants can optionally stay overnight in the hotel and get more info from MASTER Sokrates by mail at [sirtmatsis@web.de](mailto:sirtmatsis@web.de) or mobile 0176 / 62513130.

#### Pictures and video footage

By registering to participate in this event, the participant(s) agrees to the storage and use of his or her personal data by the organizer, for the payment processing and organization of the event, the publication and dissemination of the results, as well as the photo and film recordings made in connection with the event.

Participation is at the participant's own risk.

The organizer is not liable for personal injury or property damage.

(For underage participants, the consent must be declared by the legal representative).



Organizer of the event:

**VVN.-VVD.- Federation Deutschland e.V.**

#### Organization management:

Master Mark Holzwarth, Mobil 0172-7361674 or by Mail [holzwarth@vovinam-muehlacker.de](mailto:holzwarth@vovinam-muehlacker.de)  
Master Sokrates Sirtmatsis, Mobil 0176-62513130 or by Mail [sirtmatsis@web.de](mailto:sirtmatsis@web.de)

#### For any questions in english/vietnamese please contact:

Stefan Wirbatz, mobil +4915775376599 or via mail: [gioto23@wirbatz.org](mailto:gioto23@wirbatz.org)