



Giỗ Tổ 2024

FÖDERATION VOVINAM – VIỆT VÕ ĐẠO DEUTSCHLAND

Wangen near Goeppingen
(around 40 km south from Stuttgart)

Programm 09.05.-11.05.2024

Thursday, den 09.05.2024

11.30 - 14.30	Arrival and check In
15.30 - 17.30	Training Indoor/Outdoor
18.00 - 19.00	Dinner
19.30 - 23.00	games, fun and campfire
From 23.30	Night rest



Friday, den 10.05.2024

07.00 - 08.00	Wake-up Fitness with Coach Matthäus
08.30 - 09.30	Breakfast
10.00 - 12.45	Opening / Ceremony / Training
13.00 - 14.00	Lunch
14.15 - 16.15	Team Competition Wrestling
16.30 - 18.00	Training & preparation demonstration
18.30 - 19.00	Vovinam Demonstration
19.30 - 20.30	Dinner
21.00 - 23.00	games, fun and campfire
From 23.30	Night rest



Saturday, den 11.05.2024

07.00 - 08.00	Wake-up Fitness with Coach Matthäus
08.30 - 09.30	Breakfast
10.00 - 11.30	Training
12.00 - 13.00	Lunch
13.30 - 15.00	Dismantling and goodbye



Note: This is a preliminary program subject to change.



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Requirements to the participant

All members/groups of the VVN.-VVD.-World Federation, regardless of belt level (including beginners, of course), can participate in the Gio-To. Children under 18 years of age can participate if accompanied by their parents or a supervisor.



Costs/registration Giỗ Tổ Fest 2024

VVN.-VVD.-DEUTSCHLAND
SPARKASSE MINDEN – LÜBBECKE
IBAN: DE82 4905 0101 0040 1007 11
SWIFT-BIC: WELADED1MIN

ATTENTION!

Only with the punctual transfer of the participation fee the registration can be considered! Late registrations can NOT be considered!!!

Online registration at: <https://kampfkunst-vovinam.de/events/gio-to-2024>

Participation fee:

From 12 years 99,00 € p. person

6 - 11 years 93,00 € p. person

Under 6 years is free

Guests: 80€

Included in the fee, course costs, buffet 2 x breakfast, 2 x lunch,
2 x dinners, organization costs included and Drinks will be sold at the course!

Registration deadline is Friday, April 26, 2024

Outward and return journey

The return journey will be made in private cars and will be organized in the groups / schools of the respective training locations.

At the latest by Friday 26, 2024, each participant must arrange the registration with his trainer / master and registered via the online portal and paid the participation fee, with

Indication of the name (the name of the participant) and the club / school (training location).

Please bring

VVN. vo phuc (suit), tents (arrange in the group), sports clothes, clothes (for bad weather), sneakers, sleeping bag, air mattress, camping mat, washing and showering stuff, SUN CREAM, musical instruments (if available), possibly ball games, flashlight and some pocket money for drinks.



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Location

Turnverein Wangen e.V., Frühlingsstr. 51, 73117 Wangen bei Göppingen

At the grass field below the Forstberg sports hall in Schorndorfer Straße 42, 73117 Wangen at Goeppingen.
In the community hall the common meal and opposite at the lawn the common Vovinam training takes place.
In case of bad weather, the joint training will take place across the street in the Forstberg sports hall.

More info about the venue at: www.tv-wangen.de

Visitors and older participants can optionally stay overnight in the hotel and get more info from MASTER Sokrates by mail at sirtmatsis@web.de or mobile 0176 / 62513130.

Pictures and video footage

By registering to participate in this event, the participant(s) agrees to the storage and use of his or her personal data by the organizer, for the payment processing and organization of the event, the publication and dissemination of the results, as well as the photo and film recordings made in connection with the event.

Participation is at the participant's own risk.

The organizer is not liable for personal injury or property damage.

(For underage participants, the consent must be declared by the legal representative).



Organizer of the event:

VVN.-VVD.- Federation Deutschland e.V.

Organization management:

Master Mark Holzwarth, Mobil 0151-21574215 or by Mail holzwarth@vovinam-muehlacker.de

Master Sokrates Sirtmatsis, Mobil 0176-62513130 or by Mail sirtmatsis@web.de

For any questions in english/vietnamese please contact:

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